

*I Have Been Where You Fear
To Be*

*I Have Seen What You Fear
To See*

*I Have Done What You Fear
To Do*

*All These Things
I Have Done For You*



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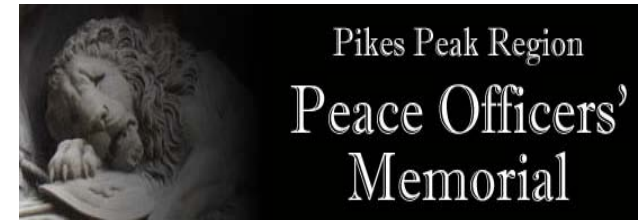


Race Contributors

American Medical Response
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3RD ANNUAL VALOR RUN



Saturday, October 17th
8:00 am

America the Beautiful Park
Colorado Springs, CO

www.peaceofficermemorial.com

Change of Venue

This year we had the opportunity to host the Valor Run at the park where the Peace Officers' Memorial will be located. We have decided to take advantage of that opportunity to bring out the true meaning of this race. We hope you will join us in welcoming this change and continue to make this event successful.

Course: 5K Run and 3K Walk

This is a low-level course that is a great start for anyone who is an experienced runner or first-timer. It is a 5K run or a 3K walk.

(No Strollers On the Course Please!)

Directions:

From the entry at the park's towering markers, the course will start on the concrete parkway and cross the pedestrian bridge to the opposite side of Fountain Creek. At that point, the course will be on the gravel trail of the Pikes Peak Greenway. The course will go south to a point just before Las Vegas Street, where runners will turn around and return to the parkway. This is an out and back course.

Race packets will be available on race day, October 17th, at the check-in table.

Registration Pick-up/Drop-Off Sites:

Boulder Running Company - SW Corner of Academy & Austin Bluffs - 719-278-3535

Colorado Running Company - 833 N. Tejon St. – 719-635-3833

Runners Roost – 107 E. Bijou St. – 719-632-2633

REGISTRATION & ENTRY FEES

Active.com & drop off forms – **\$15.00**

Mail-in before 10/16/09 - **\$20.00**

Race Day 10/17/09 - **\$25.00**

(Race day registration begins at 7:00 am)

(Pre-registration fees include t-shirt. Race day t-shirts are first come, first serve – quantities limited).

TEAM ENTRIES

All male or female teams will be limited to a maximum of 4 runners per team with a minimum of 3 finishers per team. Scoring will be based on the first 3 finishers.

Co-ed teams will be limited to a maximum of 4 runners per team with a minimum of 3 finishers per team. Each team must include at least 1 male or 1 female per team. Scoring will be based with a minimum of 1 male or female per team.

3k Fun Walk

The 3K Fun Walk event will not be timed, but is a popular event for both serious and casual walkers. Children under the age of 12 that are accompanied by an adult are welcome to participate. (No Strollers Please!)

AWARDS

Prizes will be given to the top male and top female runners and to the top finishing team. All registered participants are eligible for the door prize giveaway. **MUST BE PRESENT TO WIN!**

Finish Line Management will be provided by Pikes Peak Road Runners. Results and other information can be found at www.pprun.org

ENTRY FORM & WAIVER

Complete this form, sign, detach, and mail to:
Pikes Peak Region Peace Officers' Memorial
P.O. Box 50712
Colorado Springs, CO 80949-0712

Make checks payable to: PPRPOM

Online registration available at www.active.com

(Credit card only – fees may apply)

PLEASE PRINT CLEARLY

Name:		
Email:		
Age:	Sex: M F	Phone:
Address:		
City:	State:	Zip:

Shirt Size: S M L XL XXL

Entry Type: 5K Race 3K Walk 5K Team

Team Name: _____

Entry Fee Enclosed \$ _____

I, knowingly and at my own risk, and in consideration of my acceptance as a participant, hereby forever waive and release the Pikes Peak Region Peace Officers' Memorial Fund, any sponsors of this event, or any other group or individual assisting with this event from any and all claims for injuries or illness that I may incur as a direct or indirect result of my participation in this event. None of the above are responsible for the loss of any personal item(s). I acknowledge that I have read, understand, and accept my responsibility and liability for my safety and health during the Pikes Peak Region Peace Officers' Memorial Fund "Valor Run" event.

Participants Signature (or Parent/Guardian if under 18)

Date _____